



A SACRED SPACE

This Prayer Card was produced by the group responsible for developing the role of women in the church, which is a sub group of the Armagh Diocesan Pastoral Plan.

If you would like further information, please contact the Diocesan Office.



Loving God,
you sent the Holy Spirit
to the early Christians
as their source of courage and fidelity.
Send your Spirit to us that we, too, may be
witnesses of your love to all peoples on this earth.
We pray especially for the homeless,
the displaced, the nameless, the ignored.
May all come to know your love and care,
for you are both mother and father to us all.
Help us to recognize all as our
sisters and brothers.
We ask this in union with Jesus,
our friend and brother.
Amen.

GOD'S ANSWERS IN TIMES OF DOUBT

"It's impossible."

God says "All things are possible" (Lk 18:27).

"I'm too tired."

God says "I will give you rest" (Matt. 11:28).

"I can't go on."

God says "My grace is sufficient for you" (2 Cor. 12:9).

"I'm not able."

God says "I AM able" (2 Corinthians 9:8).

"I don't have enough faith."

God says "I've given everyone a measure of faith" (Rom.12:3).

"I feel so empty."

God says "I came to give you ABUNDANT LIFE" (Jn 10:10).

"My life seems hopeless."

God says "I came to give you LIFE and a future" (Jn 14:1-3).

"I feel so alone."

God says "I am with you always" (Matt. 28:20).

"My life is falling apart."

God says "Underneath are the everlasting arms" (Deut. 33:27).

"Nobody cares about me."

God says "I care for you" (1 Peter 5:7).

See, I have engraved you on the palm of my hands" (Is. 49:16).

"I am afraid."

God says "I have not given you a spirit of fear, but of love and power and a self-controlled mind" (2 Tim. 1:7).

"I feel so lost."

God says "I am the way" (Jn. 14:6).

"I feel beaten."

God says "I have made you more than a conqueror" (Rom.8:37).

"I feel bound."

God says "I am your deliverer" (Rom. 11:26).

"I am confused."

God says "I am your counselor, come to me any time." (Is. 9:6).

"I am a failure."

God says "I have made you an overcomer" (1Jn. 5:4).

"I am friendless."

God says "I am a friend that sticks closer to you than any brother" (Proverbs 18:24).

"I am in darkness."

God says "My word is a lamp unto your feet and a light unto your path" (Ps. 119:105).

"I feel misjudged."

God says "You are accepted and approved by me" (Eph. 1:6).

"I am poor."

God says "I shall supply all your needs" (Phil. 4:19).

"I am troubled."

God says "I am your peace" (Jn 14:27).

"I feel vulnerable."

God says "I am your strength and your strong tower" (Ps. 18:2).

"I feel worthless."

God says "You are precious in my sight" (Is. 43:4).

"LORD, SINCE THIS IS HOW YOU SEE ME, THEN I CHOOSE TO SEE MYSELF THAT WAY TOO AND ACT ACCORDINGLY. IN CHRIST'S NAME I PRAY, AMEN."