

I weave a silence...

I weave a silence on to my lips,
I weave a silence into my mind,
I weave a silence within my heart.
I close my ears to distractions,
I close my eyes to attractions,
I close my heart to temptations.
Calm me, O Lord, as you stilled
the storm.
Still me, O Lord, keep me from
harm.
Let all the tumult within me
cease.
Enfold me Lord in your peace.

-Anon.